

Going Beyond Brick and Mortar—Breaking Barriers to Substance Use Disorder Treatment

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History of Gaudenzia

- Established as a second-generation therapeutic community (TC) in 1968 Gaudenzia, Inc. has grown from a single, peer-led program in Philadelphia, Pennsylvania, to one of the most expansive substance use disorder (SUD) treatment providers in the region.
- With over 80 programs at varying levels of care across Pennsylvania, Maryland, Delaware, and Washington D.C., Gaudenzia, Inc. provides treatment to approximately 20,000 individuals each year.





- Gaudenzia had a strong reputation as an "abstinence based" provider.
- Thus, programs did not offer MAT services, nor did programs allow for clients to participate in MAT maintenance while engaged in services.
- In early 2018, payers were discussing network status termination if agencies such as Gaudenzia did not implement MAT practices



Leadership changes and new positions

- 2019 CEO
- 2019 Corporate outpatient director
- 2020 Director of Special Projects
- 2020 Restructured all outpatient programs
- 2020 Medical Director of central and western regions of PA created
- 2022.05 Corporate Medical Director (all regions)
- 2022.08 MAT Services Manager
- 2023 Chief Technology Officer



A New Treatment Model in 2020

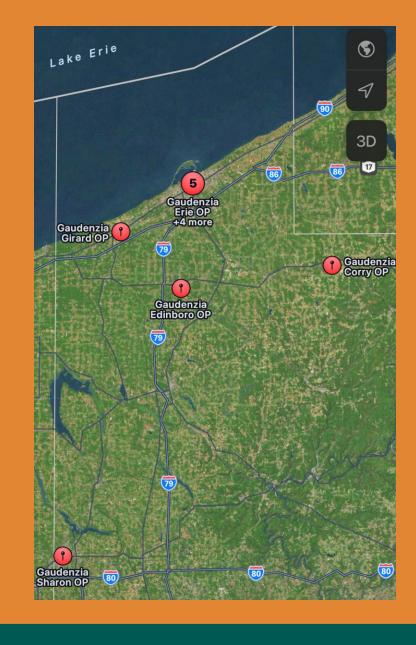
- Gaudenzia's goal is to deliver a strengthsfocused, person-centered integrated treatment model utilizing evidence-based approaches that are gender, culture, and trauma-informed to promote individual recovery and resiliency.
- Care that targets the qualitative and quantitative development of an individual's recovery capital, or the internal and external resources individuals need for sustained recovery





The first outpatient site in Erie (PA)

- 2019: First outpatient MAT site was located in Erie, PA
- Multiple local referring programs: 3.7WM (1), 3.7MM (1), 3.5 (2),
 3.1 (1), 2.1 (5) and 1.0 (5)
- 2021: buprenorphine XR was introduced



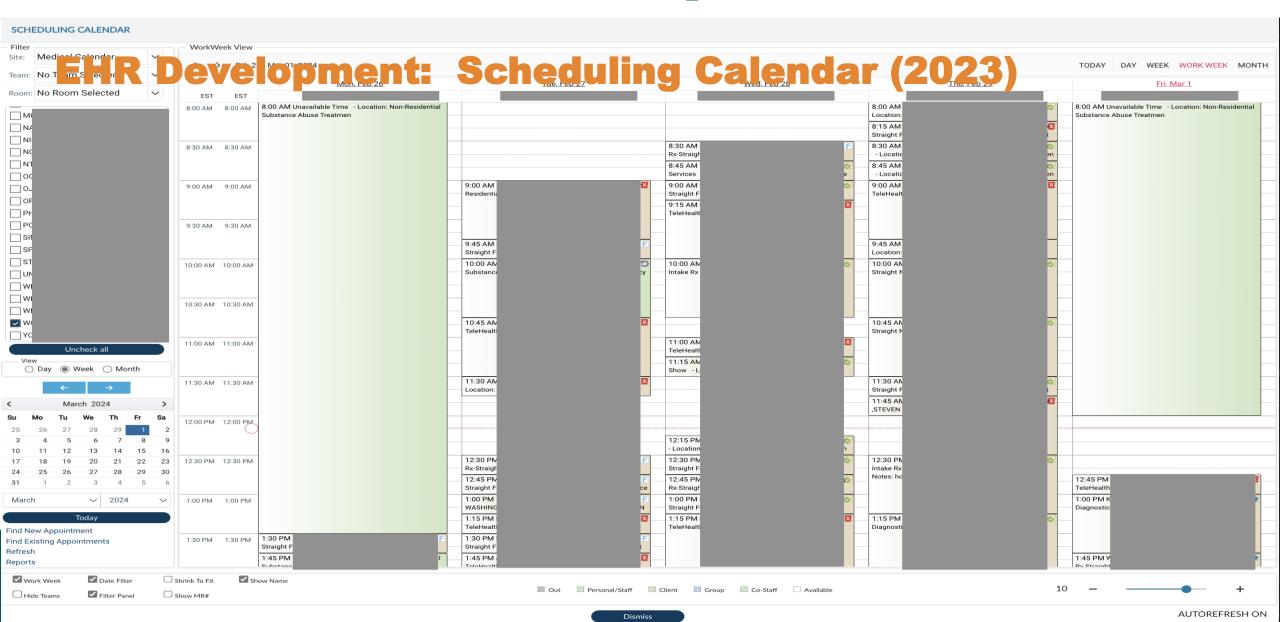


Gaudenzia MAT Development EHR Development

- 2018.03: EHR selected and implemented
- 2019.08: OrderConnect and eMAR
- 2022.01: 2FA for controlled substances
- 2022-2023: Developed various monitoring and management reports
- 2022.10: MAT referral form
- 2023: Developed scheduling calendar for medical services
 - 2023-2024: Inventory management software for medications

Count of order_code_description	r_code_des			
	SUBLOCADE	SUBLOCADE	VIVITROL	Grand Total
	100MG	300MG		
			8	8
		1		1
		1		1
			9	9
			19	19
	3	1	15	19
			1	1
			2	2
		3	8	11
	5	25	7	37
			1	1
	4	4	3	11
MOORE,PHILIP	2	70	38	110
		3	4	7
		7		7
		2	1	3
	1	73	25	99
		3	1	4
	1	4		5
		2		2
	29	54	22	105
			2	2
	8	55	21	84
	53	308	187	548





Standardization and Optimization of Care

- Zoom phone system
- Zoom telemedicine system
- Standardized training plans
- Policies: urine drug testing, Telemedicine Code of Conduct



Standardization and Optimization of Care

2021.12 through 2022.07 MAT program episodes created at outpatient locations

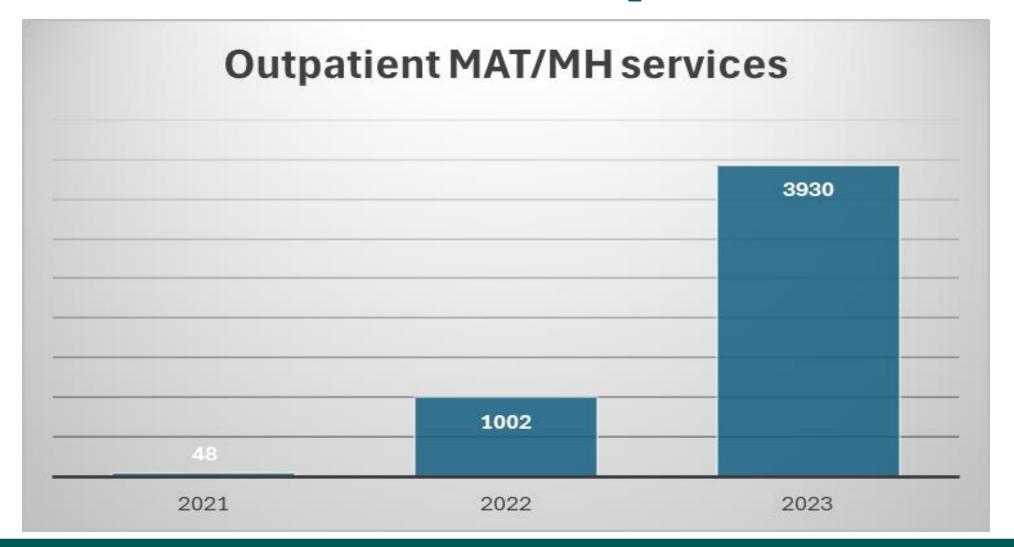
2022.01 MAT service codes separated from MH med management EMR codes

2022.08 MAT Services Manager position created



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Gaudenzia MAT Outcomes

- In 2023 there was an 11% increase in successful completions for MAT clients who attended 3 or more related services versus those who did not.
- 506 clients who attend 1 session or more
- 232 attended 1-2 sessions
- 276 attended 3 or more sessions
- 90 did not attend session at all



Driving for Recovery PA (DRPA)

The first Mobile OTP in Pennsylvania

- DRPA is an innovative mobile substance use disorder (SUD) treatment provider initiative offering services in rural PA.
- The program expands and enhances access to mobile MAT services for 80 adults annually (400/5 years) with an opioid use (OUD) seeking or receiving MAT in rural, medically underserved northern counties located in central PA (Columbia, Montour, Northumberland, Schuylkill, Snyder, Union).
- Supported by our Outpatient Division and community partnerships, DRPA offers evidencebased care in different locations weekly to help increase Central PA access to MAT and SUD care by removing traditional barriers.





Driving for Recovery PA mobile MAT services are provided through a fully retrofitted RV that allows for applicable provision of care



- Program creates a seamless transition between various levels of care starting with enhanced outreach, access to MAT supported outpatient and intensive outpatient treatment and recovery support.
- It provides low-threshold, low barrier clinical care and harm reduction services aimed at increasing MAT access for people at highest risk of overdose death.
- Program incorporates medical care/psychiatric services referrals; relapse prevention therapy; trauma informed care and recovery support services including case management, aftercare, family education, counseling, and referral services; access to supportive transitional and permanent housing and peer recovery coaching.



Program Staffing

- Physician
- CRNP(1)
- Outpatient Director
- Program Director
- LPN(2)
- Driver(1)

CRS(3) are assigned regions within target area

Admin Assistant(1)

Indirect support staff within regional outpatient/residential programs include Clinical Supervisors,
 Counselors, CRS's and Call Center specialists



Program Development Timeline

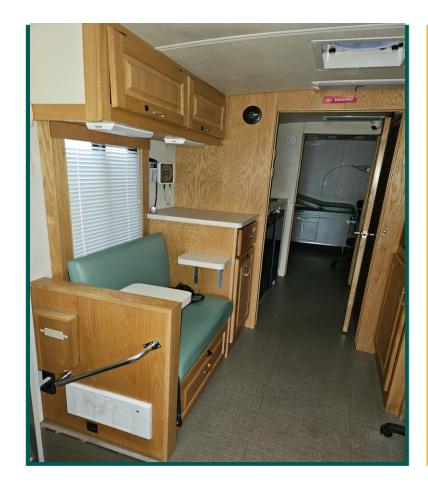
- 2022.04 SAMSHA proposal submission
- 2022.09 Notification of award received
- 2022.09 Award began September 30, 2022
- 2022.12 Took ownership of RV on December 2, 2022
- 2023.01 First two clients admitted into the program on January 31, 2023



Program Development Timeline

- As of February 29, 2024:
- Have had a total of 106 Intakes into program
- 69% follow up rate at 6-month interval
- Have had 38 discharges to date, a successful completion rate of 79%

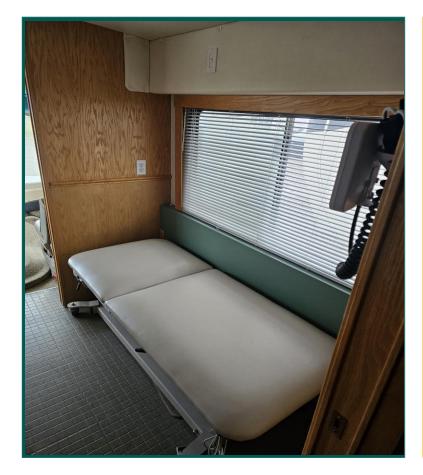


















Gaudenzia MAT Development Staffing is critical to success!

- Locum physicians were not sustainable because of cost
- Specialty and training background of Physicians and CRNPs matters!
- Some psychiatry physicians consider MAT a medical therapy
- Some medical physicians consider MAT a psychiatry therapy
- Some CRNPs limit
- Integration of CRNPs into medical services model
- Integration of nurses and other medical support staff



THANK YOU!

NEED HELP?

Contact our 24-hour Treatment and Referral HelpLine 833.976.HELP(4357)

HelpLine@gaudenzia.org | www.gaudenzia.org

GIVE HELP

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